



Addressing COPD

Chronic Obstructive Pulmonary Disease

COPD is a lung disease in which the airways are blocked or have narrowed. COPD is chronic condition typically brought on by airway irritants such as smoking, air pollution or occupational exposure.

Symptoms include:

- Shortness of breath
- Increase in mucus production
- Chest tightness
- Frequent chest infections
- Chronic cough
- Wheezing
- Fatigue

Our Approach. . .

Because COPD is irreversible, treatment focuses on slowing the progression of the disease and improving quality of life. Our pulmonary program uses a multidisciplinary approach, which includes our nursing, therapy, dietary, activities and social services department. Our approach includes:

- Interdisciplinary assessment
- Implement physician’s plan of care
- Interventions, including flu & pneumonia vaccines
- Medication and oxygen administration
- Nutrition & hydration care plan

COPD Management:

- Reduce symptoms associated with COPD
- Maximize endurance
- Increase participation in physical & social activities
- Promote or maintain independence & improve quality of life
- Minimize frequency of hospitalizations

